

# Chronic Condition Health Home Learning Activities and Topics 2023

Health Home webinars will be held from 2pm to 3pm.

Date	Торіс
March 20	Trauma Informed Care
	Objectives:
	Trauma Informed Care is an Orchard Place treatment approach that includes
	understanding, recognizing and responding to the effects of all types of trauma and post-
	traumatic stress disorder (PTSD) in children and teens. It emphasizes physical,
	psychological, and emotional safety for both children and providers and helps survivors
	rebuild a sense of control and empowerment. (orchardplace.org). Orchard Place to
	provide an overview of Trauma Informed Care and how they implement it into their
	practice.
	(Reference: Health Promotion)
Registration: <a href="https://telligen.zoom.us/meeting/register/tZYsduiopzwuEtbWPiLuJQJIZJuzCkHGGeuh">https://telligen.zoom.us/meeting/register/tZYsduiopzwuEtbWPiLuJQJIZJuzCkHGGeuh</a>	
July 17	Risk Stratification
	Objectives:
	Health Homes monitor member gaps in care and predicted risks based on medical and
	behavioral claims data. Through coordinated and integrated care, Health Homes conduct
	interventions as indicated based on the member's level of risk. During this presentation,
	Health Homes will review the background and purpose of risk stratification including the
	role of electronic health records in identifying level or category of risk. Health Homes are
	encouraged to share how they use risk stratification in their practices.
	(Reference: Comprehensive Care Management)
Registration: <a href="https://telligen.zoom.us/meeting/register/tZUtde-trDMsE9lxglPiYJT2cb7eA06DOiiy">https://telligen.zoom.us/meeting/register/tZUtde-trDMsE9lxglPiYJT2cb7eA06DOiiy</a>	
August 21	Person-Centered Planning**
	Objectives:
	Health Homes provide care coordination and case management services to Habilitation
	and Children's Mental Health waiver populations. A person-centered service plan (PCSP)
	is created through a person-centered planning process, directed by the member or
	member's guardian, to identify the member's strengths, capabilities, preferences, needs,
	and desired outcomes. During this webinar, Health Homes will review the components of
	the person-centered process and person-centered service plan.
	(Reference: Iowa Administrative Code, 42 CFR 438.208(c)(3)(i))
Registration: https://telligen.zoom.us/meeting/register/tZMlcOCqqjltGdUGnJuclNs5XTAixUQMaUew	
October 16	Behavioral Health Continuum
	Objectives:
	Integrated Health Homes assist members with supporting member needs for behavioral
	health services. This webinar will cover the continuum of behavioral health services from
	outpatient services to inpatient care.

### (Reference: Comprehensive Case Management, Care Coordination)

Registration: https://telligen.zoom.us/meeting/register/tZcrfuiqpzMsGdllBZOwzYouMg4tc-NYQkm

### November 20

# Person-Centered Thinking Training\*\*

## Objectives:

Person-centered thinking is a hands-on learning and skill development training. The curriculum includes exploring skills that are geared toward building our internal capacity to help individuals take positive control in their lives, and support efforts to improve person-centered practices.

The following person-centered tools will be reviewed:

- MAPS (Making Action Plans)
- PATH (Planning Alternative Tomorrow with Hope)
- PFP (Personal Future's Planning)
- WRAP (Wellness Recovery Action Plan)
- 4+1 Questions
- Relationship Maps
- Routines and Rituals
- Good Day / Bad Day
- Learning Log
- CASH
- LOCUS/CALOCUS
- interRAI-ChYMH

(Reference: Comprehensive Care Management)

Registration: https://telligen.zoom.us/meeting/register/tZUrce-uqz4tE90n|ilf7l6XWQsb0YkND3BL

Topics and Schedule are Subject to Change

2/20/23

<sup>\*\*</sup>Required annual training.